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| **STRESS RISK ASSESSMENT** |
| **Completed / Assessed By** |  | **Date of Risk Assessment** |  |  **Review Date** |  |
| **Background Information (details of activity/tasks, people involved, etc.)** |
|  |

| **Potential work-related stressors identified** | **Evaluate the risks and decide on precautions** |
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| **What are the existing controls in place?** | **Are additional controls required, if so what?** | **Action** **by whom?** | **Action** **by when?** |
| **A. DEMANDS OF THE JOB**  |
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|  |  |  |  |  |
| **B. CONTROL** |
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|  |  |  |  |  |
| **C. ROLE** |
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|  |  |  |  |  |
| **D. SUPPORT** |
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|  |  |  |  |  |
| **E. RELATIONSHIPS** |
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| **F. CHANGE** |
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| **Additional Information** |  |